 **APRIL 2022 MENU**

 READY-TO-SERVE SITES

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| See the source image | 1BREAKFASTBanana Chocolate Chunk Protein BarStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Popcorn Chickenw/Cheez-it CrackersCheesy Garlic & Herb BroccoliBaby Carrots w/ RanchFresh Orange Smiles(1 Elem/2 Secondary)Assorted Low Fat Milk |
| 4**BREAKFAST** Cocoa Chip Protein BarRaisin Box100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Tuscan Rotini w/ MeatballsSteamed BroccoliCucumber Slices w/ RanchFresh Apple Slices(1 Elem/2 Secondary)Assorted Low Fat Milk | 5**BREAKFAST** Yogurt with GrahamStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Macaroni & Cheese BBQ Baked Beans Baby Carrots w/ Ranch100% Fruit JuicePeach Cup(Secondary only)Assorted Low Fat Milk | 6 BREAKFASTMini Blueberry PancakesBuddy Fruit® Cinnamon Applesauce100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Sweet & Sour Chicken w/ Yellow RiceSteamed BroccoliFruitables Veggie Juice BoxOcean Spray® Craisins(1 Elem/2 Seconadry)Assorted Low Fat Milk | 7BREAKFASTApple Cinnamon Chewy bar100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Sloppy Joe SandwichMashed Potatoes w/ GravyGrape Tomatoes w/ RanchStrawberry CupMelon Chunks(Secondary only)Assorted Low Fat Milk | 8BREAKFASTBanana Chocolate Chunk Protein BarStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Southern Style Chicken Bites with Cheez its®Herbed CauliflowerBaby Carrots w/ RanchFresh Orange Smiles(1 Elem/2 Secondary)Assorted Low Fat Milk |
| 11**BREAKFAST**Cocoa Chip Protein Bar Raisin Box100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Meatball & Marinara SubSweet Kernel CornCucumber Slices w/ RanchFresh Apple Slices(1 Elem/2 Secondary)Assorted Low Fat Milk | 12**BREAKFAST** Yogurt with GrahamStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH** Tasty Brands Turkey & Cheese Sandwich Seasoned Black BeansBaby Carrots w/ Ranch100% Fruit JuicePeach Cup(Secondary only)Assorted Low Fat Milk | 13BREAKFASTMini Blueberry PancakesBuddy Fruit® Cinnamon Applesauce100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Chicken w/Yellow RiceSeasoned Peas and CarrotsFruitables Veggie Juice BoxOcean Spray® Craisins(1 Elem/2 Secondary)Assorted Low Fat Milk | 14BREAKFASTYogurt Smoothie w/ Graham100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Chicken & Broccoli AlfredoSteamed BroccoliGrape Tomatoes w/ RanchApplesauce Cup(1 Elem/2 Secondary)Assorted Low Fat Milk | 15 **Non-Student Day**See the source image |
| 18**BREAKFAST** Cocoa Chip Protein BarRaisin Box100% JuiceWhite Milk (Low Fat or Skim)**LUNCH** Lentil Pasta with Meatsauce & Breadsticks (2)Steamed CarrotsCucumber Slices w/ Ranch Fresh Apple Slices(1 Elem/2 Secondary) Assorted Low Fat Milk | 19 **BREAKFAST** Yogurt with GrahamStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Tasty Brands Turkey, Pepperoni & CheeseCroissantHerbed CauliflowerFruitables Veggie Juice BoxOcean Spray® Craisins(1 Elem/2 Secondary)Assorted Low Fat Milk | 20**BREAKFAST**Eggo® Mini Cinnamon WafflesBuddy Fruit® Cinnamon Applesauce100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Sweet & Sour Chicken w/Yellow RiceSweet Kernel CornBaby Carrots w/ Ranch100% Fruit JuicePeach Cup(Secondary only) Assorted Low Fat Milk  | 21 BREAKFASTApple Cinnamon Chewy bar100% JuiceWhite Milk (Low Fat or Skim)**LUNCH** Cuban Sandwich Seasoned Peas & CarrotsGrape Tomatoes w/ RanchApplesauce Cup(1 Elem/2 Secondary)Assorted Low Fat Milk | 22BREAKFASTBanana Chocolate Chunk Protein BarStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Southern Style Chicken Bitesw/Cheez-it CrackersCheesy Garlic & Herb BroccoliBaby Carrots w/ RanchFresh Orange Smiles(1 Elem/2 Secondary)Assorted Low Fat Milk |
| 25**BREAKFAST** Cocoa Chip Protein BarRaisin Box100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Tuscan Rotini w/ MeatballsSteamed BroccoliCucumber Slices w/ RanchFresh Apple Slices(1 Elem/2 Secondary)Assorted Low Fat Milk | 26**BREAKFAST** Yogurt with GrahamStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH** BBQ Pulled Chicken SandwichBBQ Baked Beans Baby Carrots w/ Ranch100% Fruit JuiceStrawberry Cup(Secondary only)Assorted Low Fat Milk | 27BREAKFASTMini Blueberry PancakesBuddy Fruit® Cinnamon Applesauce100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Chicken w/ Yellow RiceSteamed BroccoliFruitables Veggie Juice BoxOcean Spray® Craisins(1 Elem/2 Secondary)Assorted Low Fat Milk | 28BREAKFASTYogurt Smoothie w/ Graham100% JuiceWhite Milk (Low Fat or Skim)**LUNCH** Sloppy Joe SandwichMashed Potatoes w/ GravyGrape Tomatoes w/ RanchPeach CupMelon Chunks(Secondary only)Assorted Low Fat Milk | 29BREAKFASTBanana Chocolate Chunk Protein BarStrawberry Apple Crisps100% JuiceWhite Milk (Low Fat or Skim)**LUNCH**Southern Style Chicken Bites with Cheez its®Herbed CauliflowerBaby Carrots w/ RanchFresh Orange Smiles(1 Elem/2 Secondary)Assorted Low Fat Milk |
| **High Schools (Secondary Sites) MUST serve an additional 1/2c serving of fruit daily.** |

 Updated 3/24/22